



Anatomy Essentials For Dummies

By Maggie A. Norris, Donna Rae Siegfried

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The core concepts you need to ace Anatomy

Perfect for those just starting out or returning to Anatomy after some time away, *Anatomy Essentials For Dummies* focuses on core concepts taught (and tested on!) in a typical Anatomy course. From names and technical terms to how the body works, you'll skip the suffering and score high marks at exam time with the help of *Anatomy Essentials For Dummies*.

Designed for students who want the key concepts and a few examples—without the review, ramp-up, and anecdotal content—*Anatomy Essentials For Dummies* is a perfect solution for exam-cramming, homework help, and reference.

- A useful and handy reference to the anatomy of the human body
- Perfect for a refresher or a quick reference
- Serves as an excellent review to score higher at exam time

If you have some knowledge of anatomy and want to polish your skills, *Anatomy Essentials For Dummies* focuses on just the core concepts you need to understand this fascinating topic.

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Editorial Review

From the Back Cover

Just the core concepts you need to ace your Anatomy & Physiology course

If you're looking for a handy refresher or an easy-to-use reference for your Anatomy & Physiology class, Anatomy Essentials For Dummies is for you. It's filled with the technical terms and details of how the body works that you need to know. So get ready to skip the suffering and score high marks at exam time!

- Get down to basics — master the fundamentals of metabolism, homeostasis, and cell biology
- Survey your structural layers — discover how your body gets its form from the skeletal, muscular, and integumentary systems
- Take a look inside — explore the inner workings of the circulatory, respiratory, digestive, urinary, and reproductive systems
- Control and protect — find out how your nervous system keeps everything functioning and your immune system keeps you healthy

Open the book and find:

- An overview of the levels of organization
- Structures of all major bodily systems
- The scoop on tissues
- Fertilization and pregnancy
- Explanations of hormones
- Ten fun physiology facts

Learn:

- Core concepts taught in an Anatomy & Physiology course
- The components and functions of the bodily systems
- How human life is reproduced

About the Author

Maggie Norris is a freelance science writer. Donna Rae Siegfried has instructed anatomy and physiology courses at the college level. They are the coauthors of Anatomy & Physiology For Dummies, 2nd Edition.

Users Review

From reader reviews:

Cory Kyle:

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