



Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces

By Clare Cooper Marcus, Naomi A Sachs

Download now

Read Online ➔

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs

This comprehensive and authoritative guide offers an evidence-based overview of healing gardens and therapeutic landscapes from planning to post-occupancy evaluation. It provides general guidelines for designers and other stakeholders in a variety of projects, as well as patient-specific guidelines covering twelve categories ranging from burn patients, psychiatric patients, to hospice and Alzheimer's patients, among others. Sections on participatory design and funding offer valuable guidance to the entire team, not just designers, while a planting and maintenance chapter gives critical information to ensure that safety, longevity, and budgetary concerns are addressed.

↓ [Download Therapeutic Landscapes: An Evidence-Based Approach ...pdf](#)

📖 [Read Online Therapeutic Landscapes: An Evidence-Based Approach ...pdf](#)

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces

By Clare Cooper Marcus, Naomi A Sachs

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs

This comprehensive and authoritative guide offers an evidence-based overview of healing gardens and therapeutic landscapes from planning to post-occupancy evaluation. It provides general guidelines for designers and other stakeholders in a variety of projects, as well as patient-specific guidelines covering twelve categories ranging from burn patients, psychiatric patients, to hospice and Alzheimer's patients, among others. Sections on participatory design and funding offer valuable guidance to the entire team, not just designers, while a planting and maintenance chapter gives critical information to ensure that safety, longevity, and budgetary concerns are addressed.

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs Bibliography

- Sales Rank: #118484 in Books
- Published on: 2013-10-21
- Original language: English
- Number of items: 1
- Dimensions: 9.45" h x .80" w x 7.80" l, 1.94 pounds
- Binding: Hardcover
- 336 pages

 [Download Therapeutic Landscapes: An Evidence-Based Approach ...pdf](#)

 [Read Online Therapeutic Landscapes: An Evidence-Based Approa ...pdf](#)

Download and Read Free Online Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs

Editorial Review

Review

"This is an exceptionally well-written, well-researched and well-illustrated book on designing and creating therapeutic landscapes. Rarely before has this topic been so thoroughly documented in one easy-to-read book that provides essential information to landscape architects, garden designers, healthcare workers, therapists and patients." (Linda A. Irvine, *Landscapes/Paysages Magazine*, OALA, FCSLA, ASLA; Manager, Parks and Open Space Development, City of Markham, Ontario, Canada)

"Taking time to get in tune with your surroundings and learn to love nature has proven a therapeutic process for many, including Naomi Sachs. Sachs is Founding Director of the Therapeutic Landscapes Network, and has been able to translate a personal passion for nature into a new book, co-written by Clare Cooper Marcus, which just came out this week called *Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces*. The new publication has been long-anticipated and referenced as the "single most comprehensive and authoritative guide to designing healing gardens and restorative outdoor spaces." (naturesacred.org, October 2013)

From the Back Cover

The single most comprehensive and authoritative guide to designing healing gardens and restorative outdoor spaces

Therapeutic Landscapes focuses critical attention on the design and creation of landscapes that promote health and well-being, emphasizing the importance of evidence-based design to meet the needs of specific patient populations, as well as those of visitors and staff. It presents an overview of healing gardens and therapeutic landscapes from planning to post-occupancy evaluation and offers guidelines on which landscape architects, healthcare administrators, and funders to base their decisions.

Whether the outdoor space is a courtyard, a campus, or a roof garden; whether it is part of an acute care or a residential facility; or whether it serves children, cancer patients, veterans, or the elderly, this comprehensive guide delivers proven approaches to the design of beautiful spaces that reduce stress, encourage emotional equilibrium, support recovery from illness or injury, and help patients regain lost or impaired abilities.

Important features of this wide-ranging and closely detailed resource, include:

- Evidence-based guidelines for designers and other stakeholders in a variety of projects
- Patient-specific strategies covering twelve categories ranging from burn patients and psychiatric patients to hospice and Alzheimer's patients
- Case studies of exemplary gardens that demonstrate best practices and provide inspiration
- Information on participatory design and funding strategies
- Chapters on research, planting and maintenance, horticultural therapy, and sustainability

Therapeutic Landscapes is an indispensable resource for landscape architects, other designers, students taking related courses, and healthcare administrators.

About the Author

Clare Cooper Marcus is Professor Emerita in the Departments of Architecture and Landscape Architecture at the University of California, Berkeley. She is recognized internationally for her pioneering research on the psychological and sociological implications of the design of housing, public open space, and restorative landscapes.

Naomi A. Sachs is founder and Director of the Therapeutic Landscapes Network. She is currently pursuing a PhD in architecture at Texas A&M University. Naomi writes and lectures frequently about the restorative benefits of nature.

Users Review

From reader reviews:

Esmeralda Rossman:

Book is definitely written, printed, or highlighted for everything. You can know everything you want by a publication. Book has a different type. As it is known to us that book is important issue to bring us around the world. Next to that you can your reading skill was fluently. A publication Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces will make you to possibly be smarter. You can feel considerably more confidence if you can know about every thing. But some of you think that will open or reading a new book make you bored. It is not necessarily make you fun. Why they are often thought like that? Have you searching for best book or ideal book with you?

Katherin Buerger:

In this 21st century, people become competitive in each way. By being competitive now, people have do something to make them survives, being in the middle of the actual crowded place and notice by simply surrounding. One thing that occasionally many people have underestimated that for a while is reading. Sure, by reading a guide your ability to survive boost then having chance to stay than other is high. In your case who want to start reading some sort of book, we give you this particular Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces book as beginner and daily reading publication. Why, because this book is usually more than just a book.

David Lau:

Typically the book Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces has a lot associated with on it. So when you check out this book you can get a lot of gain. The book was written by the very famous author. This articles author makes some research prior to write this book. This kind of book very easy to read you can find the point easily after looking over this book.

Danny Padilla:

You may spend your free time to read this book this publication. This Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces is simple bringing you can read it in the park your car, in the beach, train and soon. If you did not possess much space to bring the printed book, you can buy the particular e-book. It is make you simpler to read it. You can save the actual book in your smart phone. Consequently there are a lot of benefits that you will get when one buys this book.

**Download and Read Online Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs
#01U5XOC8LKZ**

Read Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs for online ebook

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs books to read online.

Online Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs ebook PDF download

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs Doc

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs Mobipocket

Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs EPub

01U5XOC8LKZ: Therapeutic Landscapes: An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces By Clare Cooper Marcus, Naomi A Sachs