



# Nutri Ninja Recipe Book: 70 Smoothie Recipes for Weight Loss, Increased Energy and Improved Health

By Liana Green

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**Nutri Ninja Recipe Book: 70 Smoothie Recipes for Weight Loss, Increased Energy and Improved Health** By Liana Green

## **Nutri Ninja Recipe Book - 70 Smoothie Recipes for Weight Loss, Increased Energy and Improved Health**

The Nutri Ninja Pro Blender is a powerful 900 watt blender capable of extracting nutrients and vitamins. Capable of blending all fruits and vegetables whilst crushing ice, seeds and skins to create delicious smoothies for you to enjoy.

### **Why Read The Nutri Ninja Recipe Book?**

- Increase your energy levels and feel great about yourself
- Improve your health • Perform better in workouts and sporting events – reach peak fitness
- Look amazing with clear skin, vibrant eyes and be your perfect weight

Live the life you deserve – wake up in the morning with endless energy! Make the very same recipes I have researched and tested out to;

- Lose weight and look great
- Train for a marathon
- Improve my children's health by getting them to drink nutrient rich smoothies. I never dreamt they would be consuming spinach, kale and avocados on a daily basis, and enjoying it!

### **What Recipes Are Included?**

With chapters dedicated to weight loss, increased energy, sports drinks, clearer skin, a healthier heart, superfood smoothies, natural remedies, breakfast smoothies, smoothies for kids, there is something for everyone.

The following are a small taster of the 70 smoothie recipes included in the Nutri

Ninja Recipe Book;

Berry Peachy

Chocolate Velvet

Vitamin Vrrrooom

Purple Punch

Mango Tango

The Beetroot Bolt

Brazilian Beauty

Peachy Lemonade

The Anti-Sneeze

The Pick Me Up

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