



The Parent's Guide to Occupational Therapy for Autism and Other Special Needs: Practical Strategies for Motor Skills, Sensory Integration, Toilet Training, and More

By Cara Koscinski

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With the help of this handy guide, you can bring tried and tested occupational therapy activities into your home and encourage your child to succeed with everyday tasks while having fun in the process.

This expanded edition of the award-winning book includes new advice on toilet training, coping with changes in routine, repetitive behaviors, self-regulation and much more. The simple explanations and easy exercises will soon make daily activities enjoyable and productive.

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Bibliography

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Editorial Review

Review

'Cara continues to offer teachers, parents, and heck -- anybody who cares about ANY child's learning - consistently positive, workable, RELEVANT tips that simply make learning what it should be: WONDERFUL. Her understanding of kids whose gifts and challenges may befuddle others is utterly sincere. Meaning that every chapter is infused with authentic respect, empowering information...and a whole lot of smarts that actually work. Most of all, Cara knows what it is to be brave: to feel afraid and do it anyway. And because of that compassion, BRILLIANT kids the world over will have the chance to amaze the most important people of all: themselves.'

- Jennifer O'Toole, author and founder of Asperkids

'As an OT with over 20 years experience, I was amazed how much info is packed into this small book. It is so thorough, you would think it was a text book but it is just written concisely and is easy to read. For parents it is a great gift for those with a child just diagnosed with developmental concerns as it explains many terms used in therapy, gives suggestions on everyday activities to IEPS for school aged children. It is a great resource not just for parents but for therapists too, to help explain terms, give home suggestions and treatment planning. Thanks Cara for putting this together.'

- Jeanette Runnings, founder of Yoga Yingo

'This is a great introduction to pediatric occupational therapy and provides wonderful help and support to families of kids with special needs.'

- Lindsey Biel, OTR/L, co-author of *Raising a Sensory Smart Child*

"The most appealing feature of this book is its accessibility-making the topics possible to grasp for parents and carers with even limited background knowledge. It aims to educate families about the root causes of specific difficulties faced by children with special needs, and follows up with practical strategies and activities."

British Journal of Occupational Therapy

Taken from the American perspective, this useful and informative book examines the important and often overlooked role of the Occupational Therapist... Suitable for parents, carers and all professionals with an interest in the field of learning disabilities, this book provides assistance in acquiring one of the skills used: The practice of Sensory Integration... Each chapter in this book provides easy to read insights and "out of pocket activities" which can be carried out in order to improve and understand these behavioural experiences... This book contains a treasure trove full of meaningful activities and helpful facts for people with a vested interest in improving the unexplained and often misunderstood behaviour of children with special needs. Most importantly, it provides an informative and comprehensive understanding of the ways we can further understand and help children with a variety of special needs by paying attention to the impact of underdeveloped sensory systems and how to help them further develop. (*Play Therapy*)

As an OT with over 20 years experience, I was amazed how much info is packed into this small book. It is so thorough, you would think it was a text book but it is just written concisely and is easy to read. For parents it is a great gift for those with a child just diagnosed with developmental concerns as it explains many terms

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From the Author

This expanded edition of the original Pocket Occupational Therapist book is supersized with even more techniques for helping children with autism and other special needs. An additional chapter about toileting contains hundreds of readiness signs and helpful ideas to assist your child with potty training.

I have enjoyed gathering thousands of resources to help families. Each activity is tried and true as I use them for my own children, both of which have special needs. You won't be sorry you picked up this book.....it's like having your own therapist right there -whenever you need advice!

Cara Koscinski, MOT, OTR/L

Users Review

From reader reviews:

Jan Doyle:

Information is provisions for those to get better life, information these days can get by anyone with everywhere. The information can be a know-how or any news even a huge concern. What people must be

consider if those information which is in the former life are challenging be find than now's taking seriously which one is suitable to believe or which one the particular resource are convinced. If you receive the unstable resource then you have it as your main information it will have huge disadvantage for you. All of those possibilities will not happen with you if you take The Parent's Guide to Occupational Therapy for Autism and Other Special Needs: Practical Strategies for Motor Skills, Sensory Integration, Toilet Training, and More as the daily resource information.

Sylvia Johnson:

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