



# The Self-Aware Leader: A Proven Model for Reinventing Yourself

By Daniel P. Gallagher, Joseph Costal

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*The Self-Aware Leader* provides practical and proven lessons on how becoming more self-aware within the context of your management practices will benefit you, your career, and your organization. Based on research by the author, it offers insights regarding those aspects of your management career about which you need to become self-aware, and which characteristics drive desirable leadership outcomes such as achieving success with projects, promotions, and professional satisfaction.

Some of the specific topics discussed in *The Self-Aware Leader* include:

- defining the advantages of self-awareness in leadership
- specific lessons on how to become a self-aware leader
- guidance on how to successfully reinvent self, others, and the business
- applying your self-awareness to the task of day-to-day management
- the importance and value of profitable imagination in leadership
- how thinking like a general manager can yield benefits to you and your organization
- the power of Generosity Quotient TM and professional authenticity as leadership practices
- how to put these lessons together by connecting the dots to boost innovation and success.

*The Self-Aware Leader* delivers a proven program to increased success for both you and your organization by outlining a path to greater managerial self-awareness. With its specific, experience-based insights for managers, *The Self-Aware Leader* is an extremely valuable resource for anyone interested in increasing their leadership skill set and furthering their managerial career.



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**Bibliography**

- Sales Rank: #30216 in Books
- Published on: 2012-05-16
- Original language: English
- Number of items: 1
- Dimensions: 9.09" h x .41" w x 6.08" l,
- Binding: Paperback
- 200 pages



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## **Editorial Review**

### **About the Author**

Dan Gallagher has twenty years of leadership and organizational development experience within leading corporate and academic institutions.

Since 2000, Dan has worked at Comcast, with 13 of those years at Comcast University in several leadership roles in high potential development and training across the company. He is now the Senior Vice President, Strategic Growth Initiatives at Comcast-Spectacor, where he manages training, information technology and change management tied to OneComcast-Spectacor.

Dan has a bachelor's degree in sociology and a master's degree in organizational development and leadership from Saint Joseph's University.

Dan served as president of the Philadelphia Society for Human Resource Management, has lectured at Harvard University and University of Pennsylvania and is an active leader in his community.

In 2012 he published The Self-Aware Leader of which all proceeds will go to City Year. Dan currently sits on Advisory Boards with City Year and the National League of Cities.

Dan lives in suburban Philadelphia with his wife and four sons.

Joe Costal teaches English at Stockton College and Oakcrest High School in Southern New Jersey, where he was named "Teacher of the Year" in 2010. He lives "down the shore" in Cape May County, New Jersey, with his wife and four children.

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