



Clinical Interviewing

By John Sommers-Flanagan, Rita Sommers-Flanagan

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Clinical Interviewing By John Sommers-Flanagan, Rita Sommers-Flanagan

The classic text presenting proven, practical strategies for conducting effective interviews

Clinical Interviewing—now in its Fifth Edition—guides clinicians through elementary listening skills onward to more advanced, complex clinical assessment processes such as intake interviewing, mental status examination, and suicide assessment.

Clinical Interviewing has been updated with the latest content from the DSM-5, including:

- Defining psychological and emotional disorders (Chapter 6: An Overview of the Interview Process)
- Diagnostic impressions (Chapter 7: Intake Interviewing and Report Writing)
- Assessing for depression (Chapter 9: Suicide Assessment)
- History and evolution of the DSM, defining mental disorders, specific diagnostic criteria, diagnostic assessment, diagnostic interviewing, and using diagnostic checklists (Chapter 10: Diagnosis and Treatment Planning)
- Violence assessment (Chapter 12: Challenging Clients and Demanding Situations)

Featuring an accompanying DVD with real-life scenarios of actual counselors and clients demonstrating techniques for effective clinical interviews, the new edition presents:

- A greater emphasis on collaborative goal setting and the client as expert
- New discussion on multicultural orientation and multicultural competency
- Non-face-to-face assessment and interviewing—including a structured protocol-- via email, telephone, texting, videoconferencing/Skype, instant messaging, and online chatting
- An increased focus on case formulation and treatment planning

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Editorial Review

Review

Praise for 2E: "This book...represents a thorough and well-written presentation of the strategies, processes, and interactions necessary for the effective clinical interview...highly recommended..." (Albert B. Hood, University of Iowa for APA Review of Books)

Review

"The authors of this Fifth Edition of Clinical Interviewing have enhanced their already fine work with the addition of a few timely topics, including: increased focus on multicultural competency; emphasis on collaborative goal setting; increased attention to evidence-based relationships; and a new chapter on online interviewing formats. For students wanting to learn about the assessment and interviewing process, this book offers a comprehensive approach to putting skills and knowledge into action."—**Marianne Schneider Corey**, M. A., Licensed Marriage and Family Therapist, Consultant & Gerald Corey, Ed.D., ABPP, Diplomate in Counseling Psychology, Professor Emeritus of Human Services and Counseling, California State University, Fullerton, co-authors of *I Never Knew I Had a Choice*

"*Clinical Interviewing, Fifth Edition* is well organized, written in a nonjudgmental, easily accessible style, and contains excellent case examples representing real-world dilemmas. Of particular value are the clearly stated objectives at the beginning of every chapter and practical up-to-date information on topics that are often not discussed or included in training programs. *Clinical Interviewing* is a "must-read" for all beginning therapists and supervisors and, I would add, even seasoned psychotherapists will find important new ideas for improving their work!"—**Pamela A. Hays**, Ph.D. Author of *Addressing Cultural Complexities in Practice: Assessment, Diagnosis, & Therapy*; and *Connecting across Cultures: The Helper's Toolkit*

"A superb synthesis and presentation of the key concepts any beginning student absolutely needs to know about clinical interviewing. John and Rita Sommers-Flanagan make an eloquent case that connecting with the client on a human level is the superordinate task, without which little else of value can be achieved. Replete with relevant clinical examples, helpful how-to hints, as well as pearls of clinical wisdom, this comprehensive yet accessible text is highly recommended."—**Victor Yalom**, Ph.D., Founder and CEO, Psychotherapy.net

From the Back Cover

Praise for *Clinical Interviewing, Fifth Edition*

"For students wanting to learn about the assessment and interviewing process, this book offers a comprehensive approach to putting skills and knowledge into action."

—**Marianne Schneider Corey**, MA, Licensed Marriage and Family Therapist, Consultant
Gerald Corey, EdD, ABPP, Diplomate in Counseling Psychology; Professor Emeritus of Human Services and Counseling, California State University, Fullerton; coauthors of *I Never Knew I Had a Choice*

"*Clinical Interviewing, Fifth Edition* is a 'must-read' for all beginning therapists and supervisors and, I would add, even seasoned psychotherapists will find important new ideas for improving their work!"

—**Pamela A. Hays**, PhD, author, *Addressing Cultural Complexities in Practice: Assessment, Diagnosis, and*

Therapy and Connecting Across Cultures: The Helper's Toolkit

"Replete with relevant clinical examples, helpful how-to hints, as well as pearls of clinical wisdom, this comprehensive yet accessible text is highly recommended."

—**Victor Yalom**, PhD, founder and CEO, Psychotherapy.net

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Featuring an accompanying DVD with real-life scenarios of actual counselors and clients demonstrating techniques for effective interviews, the new edition presents:

- *DSM-5*™ content emphasizing case formulation and treatment planning
- A greater emphasis on collaborative goal setting and the client as expert
- New discussion on multicultural counseling, orientation, and competency
- Research supporting evidence-based relationships
- Non-face-to-face assessment and interviewing via email, telephone, texting, instant messaging, and online chatting
- Structured protocol for conducting a face-to-face, telephone, or video conferencing/Skype mental status examination interview

Users Review

From reader reviews:

Alex Levey:

Do you have favorite book? If you have, what is your favorite's book? E-book is very important thing for us to know everything in the world. Each e-book has different aim or goal; it means that publication has different type. Some people really feel enjoy to spend their time to read a book. They are really reading whatever they acquire because their hobby is actually reading a book. How about the person who don't like examining a book? Sometime, person feel need book once they found difficult problem or maybe exercise. Well, probably you will require this Clinical Interviewing.

Adam Whittington:

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