



Osteopathy: Research and Practice

By A. T. Still

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This influential book is the last work of A.T. Still, the founder of osteopathy, whose ideas have greatly influenced the practice of all forms of manual medicine during this century. The book was first published in 1910 but was long out of print. In this final summation of the fundamentals of osteopathy, Dr. Still expresses his vision of health and disease, and what it means to be an osteopath. He then looks at each region of the body and describes in detail his approach to the diagnosis and treatment of specific disorders.

A new introduction by Harold Goodman, D.O. provides historical background and sets this book in the context of the 'Old Doctor's' other writings. This new cloth edition of Osteopathy Research and Practice should be required reading for all practitioners of manual medicine.

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Editorial Review

About the Author

Andrew Taylor Still (1828-1917) was the founder of osteopathy. His father was a doctor and Methodist preacher who moved with the American frontier, which meant that Still grew up in Virginia, Tennessee, Missouri and Kansas. After studying medicine with his father, Dr. Still began his own practice in 1854. He and his family were firm abolitionists and he served briefly in the Civil War. After three members of his family died from spinal meningitis in 1864, he became disillusioned with conventional medicine and started his search for a better way to practice. He discovered the principles of osteopathy in 1874. Shortly afterwards he settled in Kirksville, Missouri where he lived for the rest of his life. It was there, in 1892, that he established the first osteopathic school, the American School of Osteopathy.

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