



Keys to the Kingdom

By Alison A. Armstrong

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Los Angeles—For five hundred years, the women in Claudia Lambert's family have studied men and passed their wisdom from mother to daughter. Disdainful of men, Claudia's daughter has refused her inheritance and now Claudia's greatest fear is that she will die without sharing the "keys to the kingdom." Acting on her husband's suggestion, Claudia thinks Karen Trevini might prove a worthy student. Sharing her esoteric knowledge poses a risk, but the opportunity to save Karen's 19-year marriage convinces Claudia to take this chance.

During a series of afternoon meetings at her home in Pasadena, CA, Claudia begins to teach Karen the "keys" to understanding men and creating intimate, equal partnerships with them. Their time spent together leads to a unique exchange of information that transforms Karen's relationship to all men, and changes her husband Mike's life forever.

"Claudia, Karen and their husbands, Burt and Mike, bring to life what I have learned over the past 12 years studying men," remarks Alison A. Armstrong, researcher, educator, and creator of the nationally led Celebrating Men, Satisfying Women® workshop. "The keys within this novel are surprisingly simple to use and profoundly alter relationships between spouses, lovers, friends, co-workers, parents and their children. This book was written in novel form because I believe people learn more while being entertained by stories."

What are the Keys to the Kingdom? Claudia starts by teaching Karen about the Stages of Development, which explain how men's identities are shaped and expressed in predictable stages from infancy through seniority. These stages, called Pages, Knights, Princes and Kings, make sense of the changing motivations, needs and capacities that affect every part of men's lives, including how they relate to work, friendships and family. Karen discovers that the source of the constant bickering in her relationship is that Mike is in "the Tunnel", a profoundly challenging transition between Prince and King. The imminent arrival of Mike as her "King" fuels her determination to learn the "keys to the kingdom."

As Karen explores the Stages of Development – and how to work with them to get her own needs met – she also learns, among a treasure trove of information, how to listen to men for more intimacy, the key that adds surprising excitement to a stale sex life, the generosity in receiving gifts, and how to nurture the power

of her own femininity.

The first in a series of three books meant to cover the encyclopedia of information Armstrong has gathered and teaches in the workshops of PAX Programs Incorporated, which Armstrong co-founded. *Keys to the Kingdom* uses the perspectives of its four main characters to allow the reader to experience her information from the point of view of both men and women. Part romance, part mystery, part life-altering education, the reader will cry and chuckle their way to better relationships.

Many people are surprised to learn that Armstrong had the concept for her fictional series before developing the Celebrating Men, Satisfying Women workshop.

An important novel for our times, *Keys to the Kingdom* is sure to encourage understanding between men and women and enhance the relationships of every reader. Included at the end of this novel is the first chapter of *The Transformation of a Frog Farmer*, the next book in the series.

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Keys to the Kingdom By Alison A. Armstrong Bibliography

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Editorial Review

From the Publisher

We are still celebrating the release of the Alison Armstrong's newest book. According to John Gray, "By using the knowledge and skills gently taught in this book, peace between women and men will be more easily attained."

BJ Gallagher, author of Everything I need to know I learned from Other Women says, "The principals woven throughout Keys to the Kingdom have the power to transform your relationships with men - ALL men! Read, reflect, reframe...and be prepared for miracles with men."

From the Author

"It's been my goal since 1993 to write this novel and it's the hundreds of amazing men I have studied who have inspired me to complete it," says Armstrong. "It's written for all people who are hungry for information and insights into joyful, satisfying relationships between men and women. I encourage the reader to pause, to reflect, to absorb, and to use each of the keys to the kingdom available in this tale."

About the Author

A nationally known educator and expert on understanding men, Alison is the creator of the widely acclaimed Celebrating Men, Satisfying Women® (CMSW) workshop, as well as other exceptional programs for CMSW graduates, including Celebrating Women: Regarding Ecstasy & Power, Celebrating Men & Sex, and Celebrating Men & Marriage. Thousands of women, single and married, have benefited from her exceptional understanding of men and their behavior since she co-founded PAX Programs Incorporated in 1995.

It was February of 1991, while Alison was contemplating the end of a six-year marriage, and relationship challenges with men in general, that she discovered she was "a frog farmer". A "frog farmer" is a person that, instead of turning frogs into princes, is an expert at just the opposite: turning princes into frogs.

She has devoted her time since then to understanding what women do that brings out the worst in men, and what women can do to bring out the best in them. What Alison learned about men completely surprised her because it does not agree with what she had been taught growing up a feminist. Her research is the basis of these programs as well as the Amazing Development of Men™ audiotope, Understand Men 101 and the Transforming the Frog Farmer™ seminar.

Prior to founding PAX, Alison was an activist for the homeless, hungry and children for many years. She founded the Orange County Summit for Children and served as the chairwoman of the Orange County Homeless Issues Task Force. She was also a leader of transformational programs for Landmark Education Corporation and The Education Network.

Alison, the mother of three, lives in Los Angeles with her second husband of 10 years, Greg, and their two daughters. Keys to the Kingdom is the first in a series of novels based on her years of studying men.

Users Review

From reader reviews:

Jimmy Borrelli:

The book *Keys to the Kingdom* gives you the sense of being enjoy for your spare time. You should use to make your capable much more increase. Book can to become your best friend when you getting anxiety or having big problem along with your subject. If you can make reading through a book *Keys to the Kingdom* to become your habit, you can get much more advantages, like add your own personal capable, increase your knowledge about a few or all subjects. It is possible to know everything if you like open and read a guide *Keys to the Kingdom*. Kinds of book are a lot of. It means that, science book or encyclopedia or other folks. So , how do you think about this guide?

Clinton Whitten:

This book untitled *Keys to the Kingdom* to be one of several books this best seller in this year, that's because when you read this e-book you can get a lot of benefit into it. You will easily to buy that book in the book retail store or you can order it by means of online. The publisher of the book sells the e-book too. It makes you more easily to read this book, because you can read this book in your Touch screen phone. So there is no reason to you personally to past this publication from your list.

Jeffrey Spencer:

Reading a publication can be one of a lot of pastime that everyone in the world enjoys. Do you like reading book so. There are a lot of reasons why people enjoy it. First reading a guide will give you a lot of new info. When you read a book you will get new information because book is one of a number of ways to share the information or maybe their idea. Second, looking at a book will make an individual more imaginative. When you examining a book especially hype book the author will bring that you imagine the story how the personas do it anything. Third, it is possible to share your knowledge to other folks. When you read this *Keys to the Kingdom*, you can tells your family, friends as well as soon about yours guide. Your knowledge can inspire others, make them reading a publication.

Craig Nazario:

Is it you actually who having spare time then spend it whole day simply by watching television programs or just laying on the bed? Do you need something totally new? This *Keys to the Kingdom* can be the reply, oh how comes? The new book you know. You are and so out of date, spending your extra time by reading in this fresh era is common not a nerd activity. So what these books have than the others?

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