



The Art of Coaching: Effective Strategies for School Transformation

By Elena Aguilar



The Art of Coaching: Effective Strategies for School Transformation By Elena Aguilar

Hands-on resources for new and seasoned school coaches

This practical resource offers the foundational skills and tools needed by new coaching educators, as well as presenting an overview of the knowledge and theory base behind the practice. Established coaches will find numerous ways to deepen and refine their coaching practice. Principals and others who incorporate coaching strategies into their work will also find a wealth of resources.

Aguilar offers a model for transformational coaching which could be implemented as professional development in schools or districts anywhere. Although she addresses the needs of adult learners, her model maintains a student-centered focus, with a specific lens on addressing equity issues in schools.

- Offers a practical resource for school coaches, principals, district leaders, and other administrators
- Presents a transformational coaching model which addresses systems change
- Pays explicit attention to surfacing and interrupting inequities in schools

The Art of Coaching: Effective Strategies for School Transformation offers a compendium of school coaching ideas, the book's explicit, user-friendly structure enhances the ability to access the information.

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Editorial Review

From the Back Cover

The Art of Coaching offers all the tools necessary for professionals who coach educators. It demystifies the process of coaching with easy-to-apply, immediately actionable ideas. Elena Aguilar offers a model for transformational coaching designed for new and veteran coaches, teacher leaders, mentors, principals, and other administrators.

This comprehensive research and practice-based guide covers how to create a coaching vision, build trust, listen well, ask powerful questions, and develop a work plan. It also addresses coaching conversations and describes dozens of coaching activities to develop an educator's practice. *The Art of Coaching* highlights common challenges followed by creative solutions. It's filled with numerous practical tools: rubrics, cheat sheets, and coaching sentence stems. The concluding section on professional development is geared for coaches and those who supervise them. The website, www.elenaaguilar.com, provides a wealth of additional tools and tips.

Praise for *The Art of Coaching*

"This book challenges coaches to be fully intentional—with equal doses of care and rigor."

—**Lynda Tredway**, Independent Leadership Coach, Washington D.C. and former coordinator, Principal Leadership Institute, U.C. Berkeley

"Elena Aguilar knows how to foster the bravery and humility teachers must have to transform their practices. Her methods will help coaches become the trusted, supportive forces we need in our teaching lives."

—**Ariel Sacks**, teacher leader and education writer, Brooklyn, New York

"To produce drastic gains in the academic achievement levels of our students we need the strongest, most prepared teachers. *The Art of Coaching* provides concrete, actionable steps to move teachers along the continuum of excellence to meet this challenge head on."

—**Heather Lechner**, turnaround school leader, New Orleans, Louisiana

"In this book, Aguilar masterfully covers the theory of coaching and offers much wise and practical advice brought to life through engaging stories from her experience."

—**Elizabeth R. Simons**, PhD, school coach, Berkeley, California

About the Author

Elena Aguilar is an instructional and leadership coach in the Oakland Unified School District. Elena writes about education for Edutopia and for Education Week's *Teacher Magazine*, and is also a member of the Teacher Leaders Network.

Users Review

From reader reviews:

Cassandra Martin:

Now a day individuals who Living in the era wherever everything reachable by interact with the internet and the resources within it can be true or not involve people to be aware of each info they get. How a lot more to be smart in obtaining any information nowadays? Of course the answer then is reading a book. Reading through a book can help persons out of this uncertainty Information especially this The Art of Coaching: Effective Strategies for School Transformation book because this book offers you rich info and knowledge. Of course the data in this book hundred % guarantees there is no doubt in it you may already know.

Dennis Taylor:

The experience that you get from The Art of Coaching: Effective Strategies for School Transformation is a more deep you excavating the information that hide inside words the more you get considering reading it. It doesn't mean that this book is hard to know but The Art of Coaching: Effective Strategies for School Transformation giving you joy feeling of reading. The writer conveys their point in certain way that can be understood by simply anyone who read it because the author of this book is well-known enough. This kind of book also makes your own personal vocabulary increase well. That makes it easy to understand then can go along with you, both in printed or e-book style are available. We suggest you for having this specific The Art of Coaching: Effective Strategies for School Transformation instantly.

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