



## Crystal Awareness (Llewellyn's New Age)

By Catherine Bowman

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### Crystal Awareness (Llewellyn's New Age) By Catherine Bowman

Now you can learn the secrets of crystals and how to use them for meditation, healing, and personal energy by reading *Crystal Awareness* by Catherine Bowman. Virtually everything you need to know about crystals is included. That's why over 130,000 people already have this book. You should have it, too!

First, you will learn about the basic nature of crystals. You'll learn what they're made of and their different forms. You'll also learn about the different powers of each. What type of crystal should you use when doing healings? How can you use clusters of crystals? What are the differences between small crystals and large ones? The answers are all found in *Crystal Awareness*. More than anything, this book is practical. You'll learn how crystals have energy fields and how they can interplay with your personal energy fields. This book explains how to use crystals in meditation and how they can open you to deeper personal awareness as your meditations go deeper than ever before. Included is information on the effect of working with color and crystals when meditating.

*Crystal Awareness* also reveals the secrets of healing with crystals. You'll learn how to program crystals for healing and how to lay them in arrays around the head or feet. You'll see the effect of large crystals and clusters on healing as well as how colored quartz can be used for different healing purposes.

Simply put, this is the best book to introduce you to working with crystals. Get your copy today.

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## Crystal Awareness (Llewellyn's New Age) By Catherine Bowman Bibliography

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### Editorial Review

#### From the Publisher

"Just the facts" was the request on an old TV show and, if you want just the facts about crystals and how to use them, you need *Crystal Awareness* by Catherine Bowman. This book gives you all the scientific and spiritual information you need in order to work with crystals for yourself and helping others.

Scientifically, you'll learn what crystals are and how they are made. You'll learn the differences in their shapes and what causes some crystals to be colored or have inclusions.

Spiritually, you'll discover how to use crystals to empower yourself and help others. You will learn the secrets of the many ways crystals can be used in meditation. You will open your *chakras* and heart to depths of meditation you had not believed possible.

*Crystal Awareness* reveals secrets of healing with crystals, too. You'll learn how to program crystals to do their healing work. You'll see the different functions for various types and colors of crystals.

The book includes information on using crystals to protect property, cleanse the aura, charge water, and help plants grow. For advanced workers, you'll learn how to make a special crystal mattress where crystals, linked by copper wire, are embedded in a foam mattress. This can actually help couples get over problems and live happier lives together.

Never before has so much information been packed into a book on crystals. Already, 130,000 people are using this book and improving their lives. I think you should try it, too. Find out how powerful crystals can be in your life. Get *Crystal Awareness*.

#### About the Author

Catherine Bowman was initiated into metaphysics by her parents while she was quite young. She earned university degrees in psychology and education, and has worked for a major Canadian telecommunications company. At 32, she reached a crossroads as to her goals and direction in life. After much soul searching and a powerful experience with Anna Mitchell Hedge's Crystal Skull, she chose the spiritual path, resulting in a positive, new self-image.

### Users Review

#### From reader reviews:

##### **Brian Wilson:**

Do you have favorite book? When you have, what is your favorite's book? Book is very important thing for us to know everything in the world. Each book has different aim or even goal; it means that book has different type. Some people feel enjoy to spend their a chance to read a book. They are really reading whatever they have because their hobby is reading a book. What about the person who don't like examining a book? Sometime, particular person feel need book once they found difficult problem or perhaps exercise. Well, probably you'll have this *Crystal Awareness* (Llewellyn's New Age).

**Lyman Johnson:**

Playing with family inside a park, coming to see the ocean world or hanging out with buddies is thing that usually you could have done when you have spare time, in that case why you don't try matter that really opposite from that. 1 activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Crystal Awareness (Llewellyn's New Age), you could enjoy both. It is very good combination right, you still would like to miss it? What kind of hangout type is it? Oh seriously its mind hangout people. What? Still don't get it, oh come on its referred to as reading friends.

**Maria Gray:**

Your reading 6th sense will not betray you actually, why because this Crystal Awareness (Llewellyn's New Age) reserve written by well-known writer we are excited for well how to make book that can be understand by anyone who also read the book. Written in good manner for you, dripping every ideas and creating skill only for eliminate your hunger then you still hesitation Crystal Awareness (Llewellyn's New Age) as good book not simply by the cover but also by the content. This is one publication that can break don't determine book by its cover, so do you still needing a different sixth sense to pick this kind of!? Oh come on your studying sixth sense already alerted you so why you have to listening to a different sixth sense.

**Latoya Palos:**

In this age globalization it is important to someone to get information. The information will make professionals understand the condition of the world. The healthiness of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can view that now, a lot of publisher which print many kinds of book. Typically the book that recommended for you is Crystal Awareness (Llewellyn's New Age) this e-book consist a lot of the information from the condition of this world now. This kind of book was represented just how can the world has grown up. The dialect styles that writer value to explain it is easy to understand. The particular writer made some study when he makes this book. Here is why this book suited all of you.

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