



# The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild

By Dave Canterbury

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By Dave Canterbury

### What to eat, where to find it, and how to cook it!

Renowned outdoors expert and *New York Times* bestselling author Dave Canterbury provides you with all you need to know about packing, trapping, and preparing food for your treks and wilderness travels. Whether you're headed out for a day hike or a weeklong expedition, you'll find everything you need to survive--and eat well--out in the wild.

Canterbury makes certain you're set by not only teaching you how to hunt and gather, but also giving you recipes to make while on the trail. Complete with illustrations to accompany his instructions and a full-color photo guide of plants to forage and those to avoid, this is the go-to reference to keep in your pack.

The *Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild* helps you achieve the full outdoor experience. With it, you'll be prepared to set off on your trip and enjoy living off the land.

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### Editorial Review

#### Review

"Practical and sized just right, for places where Google can't always be summoned. Includes a guide to what's edible for foragers and key illustrations, in addition to recipes." --*The Washington Post*

"An invaluable resource for the seasoned outdoorsman and weekend warrior alike. Dave Canterbury has penned an excellent guide on all things outdoor. A must-own for the outdoorsman and makes a great gift for the wild one in your life. Keep this one in your camp pack or better yet, memorize it by heart." --*Gulf Coast Mariner*

"Bushcraft allows you to experience the beauty of the outdoors by living off the land. Dave Canterbury is an expert on this. His book...tells you everything you would need to know to not just survive, but thrive in the wild." --Go Nomad

"Dave Canterbury...has now written a new survival book just for us campers who like to eat real food. Covers all the basics as well as some more advanced information that will help keep you fat and happy when away from mom's home made cooking. All in all, Dave covers just about everything you need to be able to survive off the land." --Guns & Gunsmiths

"This is a great book for any outdoors person. I especially loved the section on unconventional fuels and fuel tabs, and how to make a stove. This book will delight any Boy or Girl Scout as well as any survivalist or outdoorsman. I absolutely recommend this book." --Arizona Boating and Watersport

"A wealth of information about packing, trapping, and preparing food for treks and wilderness travels." (*Grand Forks Herald*)

"Jam-packed with everything you need to survive and thrive out in the backcountry. A great way to introduce someone into the world of outdoor cooking and trapping." (*Off Grid Survival*)

"Renowned outdoors expert Dave Canterbury's book ... will teach your bro everything he needs to know about surviving (and snacking) in the wild. And even if he's more of an indoorsy-type fellow, this book makes a great coffee table/conversation piece." (*Bustle.com*)

"There's information on foods you can bring from home that don't need refrigeration. The book shows how to use everything from a regular old fire to a solar stove and even your vehicle engine to prepare meals. There are plenty of recipes throughout, too." (*Pittsburgh Tribune-Review*)

"This handsome little book boasted an impressive range of topics. And after reading the whole thing, I was really pleased. The book was an easy read with lots of great drawings. This book would make a great gift for a Girl Scout or Boy Scout in your life, and the pro tips scattered throughout the book offer useful insights for even the most seasoned outdoor skills fanatic. Nice work, Mr. Canterbury! A great addition to the library of any outdoor enthusiast."

(*Outdoor Life*)

## About the Author

Dave Canterbury is the co-owner and supervising instructor at the Pathfinder School, which *USA TODAY* named one of the Top 12 Survival Schools in the United States. He has been published in *Self Reliance Illustrated*, *New Pioneer*, *American Frontiersman*, and *Trapper's World*. Dave is the *New York Times* bestselling author of *Bushcraft 101*, *Advanced Bushcraft*, and *The Bushcraft Guide to Trapping, Gathering, and Cooking in the Wild*.

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#### Gregory Jones:

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#### Vera Pinckney:

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