



Zero to Hero: How I went from being a losing trader to a consistently profitable one

By Yvan Byeajee

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****Important: This book is NOT for the get-rich-quick crowd and traders who are still on the Holy Grail chase! If this is you, this book will be of little use to you! However, if you are prepared for real change, then you will find in it inspiration but also practical pieces of advice on how to gradually change your behavior, and in essence change your results.****

I don't have anything extraordinary. I am the typical guy that no one pays attention to because he's so discreet. I wasn't blessed with an amazing physique, nor am I endowed with an above average intelligence. I am just a regular guy, admittedly with a painful past, but a regular guy nonetheless. I don't possess any special talents; yet, I am able to return consistent profits, year after year, in an endeavor where most people fail.

My name is Yvan Byeajee, I am a trader. Not the kind you see in the movies - those who partake in lavish lifestyles; snort lines of coke off of some hooker's behind; or threaten the very health of our economy - no, I am more modest than that. And I have my reasons. Durable success in the markets is the only logical outcome of the kind of consistency you cultivate in your day-to-day life. Furthermore, it is a function of your ability to tame that voice in your head that is constantly nagging at you and forcing you to make poor decisions, whether in the markets or in your personal life.

After having lost everything in the markets because of my inability to calm that inner voice, I knew I had to make some changes. Eventually, I stumbled upon an effective way to calm the zoo that is my mind, something I always assumed to be either impossible or useless.

For the price of a cocktail, in this short book, you will learn the secret to my success in the markets! I will show you the one exercise that I think all traders should be doing on a daily basis. This exercise has not only changed my trading, but it has also changed my life - and I am confident it can change yours as well!

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Bibliography

- Sales Rank: #917332 in Books
- Published on: 2015-09-07
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .19" w x 5.00" l, .25 pounds
- Binding: Paperback
- 84 pages

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Editorial Review

Review

"... packed with inspiration and encouragement."

-- **Brandon Clay**, Host of the Tradingstory podcast, tradingstory.com

From the Author

There is nothing esoteric about success in the markets. I am convinced that anyone can be a successful trader, and throughout the book I will share with you some intimate and personal aspects of my story so as to better illustrate that point. I will show you the one exercise that I have been doing every single day for the past couple of years. This exercise has helped me excel in the markets year after year. It would be an understatement to say that the benefits -- of this exercise -- are only pertinent to trading as my whole life has changed for the better. **Zero to Hero** is definitely the kind of book I wish I had my hands on when I first started out. It will bring you tremendous insights into your own self sabotaging behaviors in the markets -- and help you transcend them! It was written as a complement to my first book, **Paradigm Shift**, but, it can be read on its own.

From the Inside Flap

One of the biggest challenges new and struggling traders face is their inability to abdicate themselves from the outcome of a single trade. With so much ego invested in the direction of a trade, the novice and losing trader will have a tendency to relinquish ownership. "Zero to hero" and "Paradigm shift" explore simple ways to manage these effects by ways of helping the reader understand the mechanics of what's going on between their ears, and how they can hone these skills to eventually master a truly worthwhile endeavor -- if they have any ambition to trade the markets like the professionals. Couple that with Yvan's explanation of how a trader should think about probabilities, and you have yourself some of the most valuable insights into trading psychology ever printed.

Mark Chapman - Inventor of the trademarked **Trapped Traders™** concept
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Trading coach at the **Lex van Dam trading academy**

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