



Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing (Natural Eye & Vision Care) (Volume 4)

By Dr. Glen Swartwout

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Cataract Solutions is the most comprehensive reference for maintaining and restoring the health of the crystalline lens. The book covers some 200 natural therapies that can help prevent and reverse the development of cataracts. This book is ideal as a reference guide for health practitioners and serious students of the accelerated self healing methods of Dr. Swartwout. As Einstein said regarding not having memorized Maxwell's equations, "I know where to look it up." This is a great reference for looking up potential remedies. In Dr. Swartwout's method, the specific catalysts for each case are selected based on electrophysiological responses or other forms of biocommunication in real time, so an encyclopedic listing of potential remedies to test in challenging cases can be a real problem solver. These individually tailored supplement programs are updated to meet each individual's changing needs on a monthly cycle. In decades of practice, the only cataract cases that required surgery following this protocol were all tobacco smokers who elected not to follow Dr. Swartwout's highly effective, and nicotine-free smoking cessation program.

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Editorial Review

Review

In his referenced "Cataract Solutions" Dr Swartwout paints a broad canvas concerning natural molecules that can be used to slow down the development of age related cataract. He draws open his vast knowledge of botanicals and homeopathics to construct a map of the medicine of the future. The discerning reader will likely be both fascinated and overwhelmed by this compendium of information.

Dr. Jeffrey Anshel, President of the Ocular Nutrition Society

Author of Smart Medicine for Your Eyes

From the Author

Aloha!

If you get this book and find a remedy you think may help you, feel free to send me an email at tryunity.net. If you want my opinion, just include a photo of yourself or a link to one along with whatever you feel is significant in your health story.

Mahalo nui loa,

Rev. Dr. Glen Swartwout

From the Back Cover

Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing is a comprehensive guide to the science and art of healing cataracts naturally, using nutrition, herbs, homeopathy and light therapy. This book has been useful to support successful self-healing, as well as being a useful reference guide for caregivers, healers and holistic physicians. Dr. Swartwout shares three decades of accumulated knowledge, having helped hundreds of people avoid the most common surgery in Medicare. The best news is that when you improve your eye health naturally, not only is vision restored, but years and quality are added to your life. Modern surgery is wonderful, but it does not remove the underlying causes of cataract, which continue to affect the whole body. That is why the average life expectancy after cataract surgery is a mere 5 years. This is not generally thought about or talked about because the focus of our modern medical industry is on heroic intervention, with precious little time spent educating patients about health maintenance and primary disease prevention.

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