



## **IF I CAN DO IT, YOU CAN TOO: 20 true, graphic, emotional and inspirational stories of how to overcome adversity**

*By Mr Antony Stagg*

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### **IF I CAN DO IT, YOU CAN TOO: 20 true, graphic, emotional and inspirational stories of how to overcome adversity** By Mr Antony Stagg

What the experts are saying about IF I CAN DO IT YOU CAN TOO. Jack Canfield who starred in the hit movie The Secret and who is Co-author of amazingly successful book - The Success Principles™ commented: "Reading this book will melt your heart and inspire you into believing anything is possible." Steve Aitchinson – Author, Speaker and UK's number 1 personal development blogger stated: "There are some books you read that touch the heart without you taking any action. This book will touch your heart and stir you into making life happen for you instead of watching it go by." Have you ever faced adversity? Me too, and I know the trail of devastation that it can leave behind. For the past 20 months, I have spent hours seeking inspiration from regular people with real life stories. As part of my journey, I have spoken to people in the US, Kenya, India and the UK. It's a book of pure inspiration and passion from people who have overcome adversity. If you like book such as the Alchemist, Chicken Soup for the Soul, books of inspiration, books that move you emotionally, and inspire then this is for you. But this is unique because it's true journey! It's written to inspire every human being wherever they live, whatever their creed, colour, that through adversity, through the depths of addiction, losing a loved one, being diagnosed blind, paralysed, from fighting cancer whatever the challenge may be that you can and will overcome adversity and live a life that you decide. What I learned is this: through adversity, inspiration can be found. The amazing true stories I encountered include: -People who have created charities that have changed the world. -People who have been plagued by addiction for years and gone on to save lives. -People dogged with self-doubt who are now best selling authors. -People who were told they would never walk who went on to become champion athletes. -People who have had out-of-body experiences and spoken to God. How this book can help you... Listening to the stories of so many incredible people has helped me to formulate six key steps that can help you come out of the worst times and choose the life you desire.

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- Sales Rank: #3116249 in Books
- Published on: 2015-03-01
- Original language: English
- Number of items: 1
- Dimensions: 7.81" h x .78" w x 5.06" l, .75 pounds
- Binding: Paperback
- 346 pages



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## **Editorial Review**

### **From the Author**

It's a book of pure inspiration and passion from people who have overcome adversity. It has taken nearly two years to write and interview people from around the world who have overcome adversity.

If you like books such as the Alchemist, Chicken Soup for the Soul, books of inspiration, books that move you emotionally, and inspire then, this is for you. But this is unique because it's true journey!

It's written to inspire every human being wherever they live, whatever their creed, colour, that through adversity, through the depths of addiction, losing a loved one, being diagnosed blind, paralysed, from fighting cancer whatever the challenge may be that you can and will overcome adversity and live a life that you decide.

Through the journey, I have travelled to Kenya, where I am helping to support a school for orphans - a school which is being named after this book - IF I CAN DO IT YOU CAN TOO.

### **About the Author**

About the author: Based in Liverpool, U.K Antony Stagg delivers inspirational training to 1000s of students aged between 14-19 years old. He is passionate about helping young people into employment and has one of the most viewed you tube channels in the world for interview skills. Previous publications include; *Teacher Interview Questions & Answers*, *How to Achieve your Goals - Live the Life you Want* and *Sales Interviews Questions & Answers* (published by Kindle Ebook 2012-2013).

IF I CAN DO IT YOU CAN TOO by Antony Stagg (published by Antony Stagg Ltd RRP £10.99 paperback, RRP £6.99 ebook) is available to purchase from online retailers including amazon.co.uk and to order from all good bookstores. For more information please visit [antonystagg.com](http://antonystagg.com) follow on Twitter @StaggAntony and view on YouTube.

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#### **Antoinette Hagen:**

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**Cheri Whaley:**

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**Kori Pierson:**

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**Karen Huff:**

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