



## The Fix

By Natasha Sinel

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**The Fix** By Natasha Sinel

**One conversation is all it takes to break a world wide open.**

Seventeen-year-old Macy Lyons has been through something no one should ever have to experience. And she's dealt with it entirely alone.

On the outside, she's got it pretty good. Her family's well-off, she's dating the cute boy next door, she has plenty of friends, and although she long ago wrote her mother off as a superficial gym rat, she's thankful to have allies in her loving, laid-back dad and her younger brother.

But a conversation with a boy at a party one night shakes Macy out of the carefully maintained complacency that has defined her life so far. The boy is Sebastian Ruiz, a recovering addict who recognizes that Macy is hardened by dark secrets. And as Macy falls for Sebastian, she realizes that, while revealing her secret could ruin her seemingly perfect family, keeping silent might just destroy her.

*The Fix* follows two good-hearted teenagers coming to terms with the cards they were dealt. It's also about the fixes we rely on to cope with our most shameful secrets and the hope and fear that comes with meeting someone who challenges us to come clean.

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## **The Fix By Natasha Sinel Bibliography**

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### Editorial Review

From School Library Journal

Gr 9 Up—Seventeen-year-old Macy Lyons has been living with a terrible secret for the past 10 years. She copes by hiding the truth from everyone, including herself. At a party one night, she meets Sebastian, who recognizes a kindred, troubled soul. While Sebastian struggles with his drug addiction and going through rehab, Macy starts remembering the sexual abuse she suffered between the ages of seven and 12 at the hands of her cousin. It doesn't help that while she believes her parents know about the abuse, they continue to shower her cousin with favors and money. Macy struggles to deal with the memories on her own while dating her best friend, working at a summer camp with young children, and coping with her family's dysfunction. She is angry at everyone, especially herself, and only when she starts to break her silence does she realize that she needs help. As this story is told in first person, readers learn of Macy's experiences as she starts to face her memories and the sexual abuse she went through. Sebastian spends a good deal of the book in rehab, where Macy visits him. No mention of counseling or therapy is mentioned for Macy, however. Drugs, alcohol, and sex are referenced often throughout the story. While Macy's character and experiences are genuine, readers may have a hard time connecting with her until later in the novel. Though the protagonist finds peace with her past, the ending is a bit too neat to be wholly believable. Back matter includes resources on getting help for suicide, drug abuse, and sexual abuse. VERDICT An additional purchase for larger collections of YA realistic fiction.—Natalie Struecker, Atlantic Public Library, IA

Review

### IPPY Awards, Gold Medalist in the YA Category, 2016

### USA Best Books Awards Finalist, 2015

"If you loved *Looking For Alaska*, then check out *The Fix*." --*VerveGirl Magazine*

"A powerful story of healing . . ." —*Kirkus Reviews*

"First shot out of the gate, Sinel bravely addresses tough topics, demonstrating that the weight of secrets can pull us under—and their release can save us from drowning." —Holly Schindler, critically acclaimed author of *A Blue So Dark* and *Feral*

"A bewitching, beautiful, and brave debut. Readers will marvel at Macy's resilience. Natasha Sinel's writing devastates and uplifts, by turns. An important story of one girl's journey to rewrite the blueprint of her own life by facing the truth inside herself." —Carrie Mesrobian, award-winning author of *Sex & Violence* and *Perfectly Good White Boy*

"In her YA debut, Natasha Sinel paints a riveting picture of a teenager haunted by her past and struggling with her present. Macy's world is richly drawn, heartbreakingly real, and difficult to put down. *The Fix* shines." —I.W. Gregorio, author of *None of the Above*

"In this masterful debut, Natasha Sinel explores how a shocking act of betrayal can be overlooked within an otherwise loving family. A vivid storyteller, Sinel tackles an emotional topic, portraying the pain and repercussions of Macy's experience with an honest sensitivity. I was hooked from the opening pages of *The Fix*." —Yvonne Ventresca, award-winning author of *Pandemic*

"A standout YA debut, *The Fix* perfectly captures how it feels to be crushed under a life-changing, personal secret since childhood. Sinel's unflinchingly honest writing dissects the lies we tell ourselves to cope with trauma and reveals the power we seize when we finally decide to see the truth." —Marie Jaskulka, author of *The Lost Marble Notebook of Forgotten Girl & Random Boy*

#### About the Author

**Natasha Sinel** is a writer of young adult fiction. She graduated from Yale University with a BA in English and from the University of Michigan's Ross School of Business with an MBA. Before beginning her career as an author, she was director of business development at Showtime Networks. Born and raised in Washington, DC, she now lives in northern Westchester, New York, with her husband and three sons.

### Users Review

#### From reader reviews:

##### **George Cornelius:**

Nowadays reading books be than want or need but also get a life style. This reading routine give you lot of advantages. The benefits you got of course the knowledge the rest of the information inside the book which improve your knowledge and information. The information you get based on what kind of publication you read, if you want drive more knowledge just go with schooling books but if you want sense happy read one with theme for entertaining including comic or novel. Typically the *The Fix* is kind of guide which is giving the reader unpredictable experience.

##### **Kathleen Edwards:**

Does one one of the book lovers? If yes, do you ever feeling doubt if you find yourself in the book store? Aim to pick one book that you just dont know the inside because don't evaluate book by its protect may doesn't work at this point is difficult job because you are scared that the inside maybe not seeing that fantastic as in the outside appear likes. Maybe you answer could be *The Fix* why because the wonderful cover that make you consider about the content will not disappoint anyone. The inside or content is definitely fantastic as the outside or cover. Your reading sixth sense will directly guide you to pick up this book.

##### **Linda Porter:**

Are you kind of active person, only have 10 or 15 minute in your time to upgrading your mind proficiency or thinking skill even analytical thinking? Then you are experiencing problem with the book in comparison with can satisfy your short period of time to read it because this all time you only find publication that need more time to be study. *The Fix* can be your answer given it can be read by anyone who have those short free time problems.

##### **April Harry:**

Is it a person who having spare time and then spend it whole day simply by watching television programs or just resting on the bed? Do you need something totally new? This *The Fix* can be the respond to, oh how

comes? A fresh book you know. You are consequently out of date, spending your free time by reading in this fresh era is common not a nerd activity. So what these books have than the others?

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