



Through a Man's Eyes: Helping Women Understand the Visual Nature of Men

By Shaanti Feldhahn, Craig Gross

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What Happens When Women See What Men See?

You already know that your husband, boyfriend, or son is wired differently from you, but do you know what that really means? It means, among other things, that he's been given the gift of a unique visual wiring—and the challenges that come with it.

In *Through a Man's Eyes*, Shaanti Feldhahn and Craig Gross team up to help open our eyes to something we are often blind to. They address questions like:

- “Why are guys so visual—and what does that mean, anyway?”
- “How do I help my son navigate this sex-crazed culture?”
- “How dare someone tell a woman to watch what she wears! Isn’t it a man’s responsibility not to look?”
- “If he’s tempted by visual images, is there something wrong with him? With me?”
- “My husband is an honorable guy, so why would he be tempted by porn?”
- “How can I talk to my husband or son about this? What can I do to support him?”

Through the compassion and candor in this book, we can learn what men have long wished we knew (but didn’t know how to explain)—and see the difference it makes when we do!

From the Trade Paperback edition.

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Editorial Review

Review

Praise for *Through a Man's Eyes*

“I've spoken at hundreds of events for women on the topic of marriage, and I can honestly not think of a more needed book. Is it possible (please!) that we can finally have an honest conversation in the church about the visual nature of men without guys being called creeps and women being called frigid? My deepest prayer is that couples will read this book and be able to talk without judgment about this reality for men in our modern society and for their marriages. For many couples, this will be the most important book they read this year—and maybe in their entire relationship.”

—Kathi Lipp, author of *The Husband Project*, *Happy Habits for Couples*, and *Hot Mamas*

“Women, be brave. This is all the stuff your man has been trying to tell you about how he's wired, but didn't know how to say. This is the stuff every mom of a boy needs to know. Whether you have an issue you need to address, are curious about how to support a man or guide a son, or simply need reassurance that the male wiring was intended to be a good thing, this resource will help. This eye-opening book is the go-to resource for a whole new generation of women who care about men.”

—Shannon Ethridge, MA, relationship coach, speaker, and author of many books including the best-selling *Every Woman's Battle* series, *The Sexually Confident Wife*, and *The Passion Principles*

“The visual nature of men is an unchangeable reality of life, love, and marriage. And it is an issue few women understand. That lack of knowledge creates a lot of relational problems and barriers to experiencing intimacy. Finally, here is a book that will empower women with the truth about how God made men and how to relate to them with understanding. I love this book and am so thankful to Craig and Shaunti for writing it.”

—Jimmy and Karen Evans, co-hosts of the syndicated television program *MarriageToday with Jimmy and Karen*

“Finally a book to help women understand what even the most honorable man or boy faces today! Many wives personalize a man's visual nature as evidence that her good-willed husband does not love her. Of course, all he can say is, 'Well, I do love you' as he battles to avoid the swimming areas, *Sports Illustrated* swimsuit edition, or stay accountable with his Internet viewing. And when men have given in to those temptations, and don't understand the pain they inflict on their wives, their wives don't know how to handle it. In *Through a Man's Eyes*, every wife, mom, counselor, and pastor has the resource we've been waiting for.”

—Emerson Eggerichs, bestselling author of *Love and Respect*

“This is a home-run title on such a desperately needed topic! *Through a Man's Eyes* opened my eyes to so many things that men struggle with and served as the springboard for some very helpful and healthy conversations with my husband. I appreciate the courage Shaunti and Craig had to address this subject and the grace with which they did so. Highly recommended for any woman who wants to understand her husband, son, boyfriend, or other men in her life better.”

—Crystal Paine, founder of MoneySavingMom.com and New York Times best-selling author

“Oh how I wish I'd had this resource thirty-two years ago when I was a new wife. Even though I've been married for many years, I learned so much on the pages of this book. If you have a man in your life, you need this resource! Thank you, Shaunti and Craig, for giving women the gift of understanding.”

—Jill Savage, CEO of Hearts at Home and author of *No More Perfect Moms*

“Reading this book made me think Craig and Shaunti had somehow installed a hidden camera in my brain! Their insights into the male thought process are incredibly accurate. This book will help women develop a deeper understanding of men, and consequently will create deeper levels of intimacy in their relationships.”

—Dave Willis, founder of StrongerMarriages.org and author of *iVow: Secrets to a Stronger Marriage*

“*Through a Man’s Eyes* picks up where *For Women Only* left off in giving me (Barb) insight into understanding the visual nature of men. For years we’ve told couples around the world to make sure they bought a copy of the book. This new book is *excellent!* So compelling we couldn’t put it down! Thank you, Shaunti and Craig, for writing more on these crucial differences between men and women! It gives couples everywhere the capacity to talk about them.”

—Dr. Gary and Barb Rosberg, America’s Family Coaches

“Any woman (or man!) who reads this book will have a much better understanding of the visual nature of men and boys. As I read this book, words like *refreshing, challenging, insightful, grace, practical* and *helpful* kept popping into my head. Shaunti and Craig are two of my favorite authors, researchers, and friends, and I respect and admire both of them. Putting these two people together to write this book makes it not only a stroke of genius but a resource that will bring health and understanding to thousands of women who needed to comprehend how men think and react to visual stimulation. The answers to the questions about the effect of pornography on men and boys could save many a relationship.”

—Jim Burns, PhD, president of HomeWord and author of *Teaching Your Kids Healthy Sexuality* and *The Purity Code* (for teens and preteens)

“Men have long needed their hidden sexual ‘wiring’ exposed along with the challenges it brings. And women have long needed this enlightenment and the compassion for their men that surely comes with it. Clearly, a must read!”

—Dr. Robert Lewis, founder of Men’s Fraternity and producer of *Marriage Oneness*

“This is a book that all husbands should want their wives to read. *Through a Man’s Eyes* takes women on a journey into the minds of men, and shows them how even nice guys struggle with the onslaught of visual temptation they face every day. Thankfully, it also shows women how to be compassionate, wise, and encouraging in dealing with this aspect of their husband’s life.”

—Mark and Susan Merrill, Founders of Family First, All Pro Dad, and iMOM

About the Author

Shaunti Feldhahn is a social researcher, popular speaker, and the best-selling author of such books as *For Women Only*. With more than two million copies of her books sold in more than twenty languages, Shaunti speaks all over the world. Her relationship findings are regularly featured in media as diverse as *The New York Times* and *The Today Show*, *Focus on the Family* and *Cosmo*. She and her husband, Jeff, and their two kids live in Atlanta, Georgia.

Craig Gross is a pastor and the founder of XXXchurch.com, which seeks to help those who are being assaulted by pornography. Craig is the author of numerous books and has been featured in *GQ*, *Newsweek*, *Wired*, *The New York Times*, and on *Good Morning America*, *Nightline*, *CNN*, *Fox News*, and *The Daily Show with Jon Stewart*. He lives in Pasadena, California, with his wife, Jeanette, and their two children.

Users Review

From reader reviews:

Elaine Moore:

This Through a Man's Eyes: Helping Women Understand the Visual Nature of Men book is not really ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is definitely information inside this e-book incredible fresh, you will get info which is getting deeper you read a lot of information you will get. That Through a Man's Eyes: Helping Women Understand the Visual Nature of Men without we understand teach the one who reading it become critical in pondering and analyzing. Don't possibly be worry Through a Man's Eyes: Helping Women Understand the Visual Nature of Men can bring when you are and not make your carrier space or bookshelves' turn into full because you can have it inside your lovely laptop even mobile phone. This Through a Man's Eyes: Helping Women Understand the Visual Nature of Men having good arrangement in word as well as layout, so you will not sense uninterested in reading.

Deborah Browning:

Reading can called head hangout, why? Because if you are reading a book especially book entitled Through a Man's Eyes: Helping Women Understand the Visual Nature of Men your thoughts will drift away trough every dimension, wandering in each aspect that maybe unfamiliar for but surely can become your mind friends. Imaging each word written in a publication then become one form conclusion and explanation in which maybe you never get just before. The Through a Man's Eyes: Helping Women Understand the Visual Nature of Men giving you one more experience more than blown away your head but also giving you useful information for your better life in this era. So now let us explain to you the relaxing pattern this is your body and mind are going to be pleased when you are finished reading through it, like winning a game. Do you want to try this extraordinary shelling out spare time activity?

Della McDonald:

Are you kind of occupied person, only have 10 or perhaps 15 minute in your morning to upgrading your mind proficiency or thinking skill even analytical thinking? Then you are having problem with the book compared to can satisfy your limited time to read it because this time you only find publication that need more time to be go through. Through a Man's Eyes: Helping Women Understand the Visual Nature of Men can be your answer since it can be read by a person who have those short time problems.

Alma Brady:

As a pupil exactly feel bored to help reading. If their teacher inquired them to go to the library or make summary for some publication, they are complained. Just minor students that has reading's spirit or real their pastime. They just do what the teacher want, like asked to the library. They go to there but nothing reading very seriously. Any students feel that looking at is not important, boring along with can't see colorful pics on there. Yeah, it is to become complicated. Book is very important for you. As we know that on this age, many ways to get whatever we want. Likewise word says, ways to reach Chinese's country. So , this Through a

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